

Ingredients of Success

The essential communication and teambuilding workshop!

Does your message ever get **“lost in translation”**?

Are workplace relationships holding **productivity** back?

Do you need to attract and nurture **more customers**?

If so, **Ingredients of Success** will be your **best investment** this year!



In today's business environment, teamwork and communication are vital ingredients to achieving success.

Via Ingredients of Success

A unique workshop devised by **Christopher Trotter** and **Stephen Spencer** - we can help you and your Team dramatically improve team cohesion and communication outcomes.

Why choose Ingredients of Success?

-  Good communications build better teams
-  Working together on non-workplace activities strengthens relationships
-  Fun, practical learning

This workshop uses cooking to create a remarkable non-hierarchical environment in which to develop team relationships. Individuals find their problem-solving develops and their cohesion as a team builds through shared experiences.

Participants will learn a new communication tool which will instantly change the way they think about communication and workplace relationships. Then they will apply the tool and experience its transformational power as they carry out a series of food and cooking-based tasks.

DON'T MISS OUT!

To discuss how Ingredients of Success could benefit your team:

Call: + 44 (0) 792 1812 253 or Email: stephen@stephenspencerassociates.com.

What learning outcomes can I expect?

-  New and transferable skills - observation, memory and collaboration
-  Improved team cohesion and a shared approach to challenges and opportunities
-  Improved communication with all personality types - get better results from all relationships and interactions

Christopher Trotter



Christopher has had many years of experience running hotels and restaurants. Prior to returning to his native Scotland he was head chef at a Michelin-starred restaurant in Warwickshire.

Christopher has developed his unique “team building through cooking” concept over many years. As owner of the innovative Scottish restaurant, shop and demonstration facility Scotland’s Larder, he won the Investors in People award and was a trainer in the Natural Cooking of Scotland initiative.

What People Say:

“Christopher, what did you do to them? You have inspired my team”
- Bob Chicken, Consultant

“It’s an inspired idea to use cooking as a vehicle to strengthen a team, the atmosphere in the office has changed dramatically since your sessions”
– legal firm

www.fifefoodambassador.co.uk

Stephen Spencer



Stephen has worked with some of the UK’s most prestigious retail, tourism and hospitality brands, including the National Trust for Scotland, the Royal Collection, Hamleys and The O2 Arena.

Disney Institute-trained, Stephen co-created the 100k Welcomes customer experience training programme for Scottish tourism, and was a co-founder of the Pride and Passion for Scotland service excellence programme.

What People Say:

“Stephen is one of the ‘go-to’ people for his knowledge, his understanding of business issues, his original ideas and his thorough execution.”
– Amanda Coombs, General Manager, The White Hart of Wytham

“Great insight into personalities – have done the Myers Briggs stuff but too complicated – this is great!”
– recent workshop participant

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